

Hey Shanti Pax Nation. I am doing something a little bit different this week, experimenting again. I am recording directly into my iPhone because I'm not at home in my regular home office with all my podcasting equipment. I'm on the road. I wanted to do a podcast episode this week, and so I'm going to try this and see how it works. I'm at the farm, on the farm where I grew up in South Dakota. I'm in my parents' brand new retirement home that they built on the farm because this is where they wanted to spend their golden years. I invested some money into a bonus room area above their quite spacious three stall garage.

The reason I did that is because I've had a dream for some time to run retreats here on this farm. I'm looking outside my parents' windows now. I see the cattle. I see the rolling hills of the prairie. There's something special here. There's something unique, and I wanted to share it with people who wanted to go deeper in, to understand deeper their purpose here in this lifetime, their core gifts, how they can share them with the world to make the world a better place, and what is it you need to be focusing on at this point in your life. Where can you make the biggest impact? Where should you be spending less focus?

I want to provide a space in the wide open, wide open space of the prairies, true big sky country where there's so much space, and get people away from their very sardine packed schedules, sardine packed houses, sardine packed cities that they might live in, to get to the space. And in that space allow a deeper profounder clarity to come through. I'm feeling a bit emotional because I had this dream for some time and I never thought that ... Well, I shouldn't say that. I always knew that I would realize it, but now that it's realizing itself it's emotional for me. Because in June I'm hosting my first retreat here. It's going to be a beta test, so a pilot.

I'm running it through with six hand picked and extraordinary women who will come here and stay in this space, the loft space for the first time. We're going to go on a journey together. I'm going to use their feedback and the experience to really make this retreat feel like, what I really want it to feel like is a once in a lifetime opportunity, a once in a lifetime experience. I don't know if you've ever had that. I've had that where something has happened to me and I'm just like wow, that was so extraordinary, that was so singular it felt once in a lifetime. That's what I want to create for people here.

I've had people say to me, oh Allyson people want to go to Paris, people want to go to Maui, people don't want to come to the plains, to the prairies, to flyover country. I just always knew that wasn't true. I know that there's a person, and maybe that person is you, that this type of experience speaks to you. It talks to you. It says I want to experience that too. I want to go deeper. I want the space. I want the clarity. I want a deeper understanding of my life's purpose, my core gifts, my deepest truths, and I'm ready to ask questions, and more importantly I'm ready to receive the answers.

So it's been scary investing this money. It feels very field of dreams to me, if you've seen that film with Kevin Costner. If you build it, they will come. That can be kind of scary because I don't have the market research to back it up that this is going to be successful, but this is a time where I just know and I just feel in my heart I have to do this. I don't need the market research. I don't need numbers. All I need is this very clear knowing in my heart that I have to do this. I don't know where it's going to end up. I don't know where it's going to go, but I have to do this.

I'm sharing this with you so deeply from my heart because I'm wondering if there's something you feel like you have to do, if you have a field of dreams type dream that you just know you have to build and if

you build it they will come. It might not be anything brick and mortar. It might be a book. It might be a song. It might be brick and mortar. It might be a big investment. It might be a big investment in time. It might be quitting a job. It might be taking a big risk without the numbers to back it up. It might be taking a risk knowing that you're not going to see the return in that risk in some time. You might not see the return in your investment in some time, but you don't care because you know in your heart that you have to do it and the return will come.

If you're feeling that nudge, if you're feeling that little voice that says you have to do this and it's going to be hard but not doing it is so much worse, then my friend I'm with you. We're on this journey together. I'm doing it. I have days where I'm like what am I doing, this is crazy. I had that day yesterday actually. I actually don't second guess myself that much anymore, but I still do from time to time. Then I woke up this morning and I was like nah, no time for second guessing. That just my mind piping up to say I'm still here checking in on you. Then I just pivot back down to my heart, and my heart says you must do this and if you build it they will come.

So dear friends, I challenge you to heed the voice. I challenge you to heed the voice. Let's do it together. Let's bend spoons. Let's go big. Let's not let fear or second guessing hold us back. I'm here to support you and I know that if you're listening to this and feel connected to this, you're here to support me as well. If you think there's anyone out there who may need this message, need to hear this, I ask you to share in service to them. Share the message. And, until next time, stay uncorked.